



ChefsBootCamp Course Schedule 2024/5

Emotional Intelligence

Working in kitchens can be a high pressure, stressful environment. We'll give you the tools to understand & manage your own & other's emotions, and stress effectively.

Date: May 15th 2024
Time: 3:00 - 4:30 pm

Right on Time

How to manage your time effectively, by balancing your cooking, paperwork, people management and delegation. Lots of tips, methods & motivation to stay on track.

Date: July 10th 2024
Time: 3:00 - 4:30 pm

Managing Generations

With up to 5 generations in the kitchen, this course helps you to understand their motivations, and lead them as individuals whilst bringing them together as a team.

Date: September 11th 2024
Time: 3:00 - 4:30 pm

Manage & Motivate

Understand how to get the best from your people by understanding what makes them tick, and getting them onside so they are more likely to stay and deliver their best.

Date: November 6th 2024
Time: 3:00 - 4:30 pm

Communication 101

Communication sits at the heart of leadership. By understanding how the brain processes messages and differing communication styles you can adapt your style & be heard.

Date: January 22nd 2025
Time: 3:00 - 4:30 pm

Tough Conversations

A kitchen is only as good as the worst behaviour you are willing to accept. Nipping poor performance in the bud is an essential leadership trait. Gain the expertise & confidence to how to have tough conversations at all levels.

Date: March 19th 2025
Time: 3:00 - 4:30 pm

Buy the ChefsBootcamp Bundle for £300

This is a rolling schedule, if you miss one, you can pick it up at the end.