

# Calendar 2026



90 minutes of live, online inspiring learning.  
Skills you can take back to the workplace and use immediately

£90 per person for one session  
£150 per person for both sessions on the same day

Wed 28th January

## Recruitment for the 21st Century

9:00am - 10:30am

Recruitment techniques have changed dramatically since the rise of social media. We will show you how to attract the right talent in today's world.

## Interviewing to Discover the True Person

10:45 - 12:15pm

Get behind the words of the interviewee to understand the real person who will thrive in your business and fit in perfectly.

Wed 11th February

## Manage and Motivate

9:00am - 10:30am

Motivating your team to gain discretionary effort, using the latest research. How to give and get the best for and from your team.

## Impact & Influencing

10:45 - 12:15pm

Learn how to read behavioural clues using NLP / profiling techniques, adapt your communication style, and gain the confidence to influence others in any situation.

Wed 11th March

## Creating an Exceptional Customer/Guest Experience

9:00am - 10:30am

How to move from guest service to guest experience. Create a culture that consistently exceeds expectations.

## Resolving Conflict

10:45 - 12:15pm

Whether dealing with conflict within the team, with guests or your own. This session gives practical tools to overcome and resolve conflict.

Wed 22nd April

## Emotional Intelligence

9:00am - 10:30am

Develop your emotional intelligence to enhance your self & social awareness and manage emotions effectively to ensure impactful leadership.

## Managing generations

10:45 - 12:15pm

Learn to lead or collaborate a multigenerational workforce by understanding their unique values and motivations. Also manage individuals effectively while uniting them as a cohesive team.

Wed 13th May

## Tough Conversations

9:00am - 10:30am

Based on the book Radical Candor by Kim Scott this session gives delegates a formula and the confidence to have tough conversations at all levels.

## Holding effective Job Chats

10:45 - 12:15pm

Effective job chats are more than a conversation. They should make your team feel valued, empowered and able to achieve both their own and company goals. They are your opportunity to get and give feedback

Wed 10th June

## Embedding Change

9:00am - 10:30am

Gain practical tools to manage & embed change from Impact to Integration. Based on Change - The Human Factor research

## Master Strategic Thinking

10:45 - 12:15pm

Develop the mindset and tools to think strategically, solve complex problems, and make impactful decisions. Suitable for leaders at all levels to plan with clarity and purpose.

Wed 8th July

## Coaching inc Speed Coaching

9:00am - Midday (Double session)

Coaching is a vital leadership skill. In this double session, learn the GROW model, master effective questioning and active listening, and discover the power of the "Killer Question" and how to Speed Coach.

Wed 12th August

## Successful Supervising

9:00am - 10:30am

Equip supervisors with the essential skills to lead effectively, whilst managing the transition and change of mindset from team member to team leader.

## The 7 C's of Communication

10:45 - 12:15pm

Master the art of effective two way communication using the 7 C's technique to be heard.

Wed 9th September

## How to use AI to be more effective & efficient

9:00am - 10:30am

Unlock the power of AI to work smarter, not harder. This hands-on course will help you integrate AI into everyday tasks for greater efficiency and insight.

## Present with Gravitas

10:45 - 12:15pm

Suitable for anyone who has to present, pitch or train. You'll get a practical guide to planning and delivering engaging presentations. Pitch, pace, posture, pauses & power of three

Wed 7th October

## Building a high performance team

9:00am - 10:30am

Gain an understanding of team dynamics and how as a leader, you can get the most from your team and get results

## Build Resilience

10:45 - 12:15pm

With work being ever more stressful. This course provides practical tools to manage stress, overcome challenges, & foster a growth mindset for personal and professional well-being.

Wed 11th November

## Time Management

9:00am - 10:30am

Workloads never seem to diminish. This session gives you the best practical tools, tips & resources gleaned from years of experience and the latest technology.

## Effective Delegation

10:45 - 12:15pm

Delegating not only gives you more time, it empowers your team. We will give you practical tools and tools to delegate effectively using SMARTER goals.

## BESPOKE SKILLSBOOTCAMP

All of our skillsbootcamps can be run as in house bespoke sessions, delivered either online or face to face.

Contact us for more details

hello@mjinspire.com

To book or for more details visit [www.mjinspire.com](http://www.mjinspire.com)