



ChefsBootCamp Course Schedule 2026

The culture of any kitchen is influenced by their behaviour displayed and accepted by Exec, Senior and Sous chefs.

With the rise in employer and leadership review platforms such as Glass Door, Kitchen confidential and Index, there is increased transparency and accountability. If businesses are to find and keep top kitchen teams in today's challenging marketplace chefs need to lead their teams differently, traditional leadership methods just won't work anymore This Chefsbootcamp schedule Focuses on six key leadership and people management skills delivered in a practical, and relevant way that they can use immediately.

The aim of the sessions is for chefs to manage as well as they cook.

Written for chefs, by chefs

“MJ gets it no BS or time wasting just practical and relevant tips and tools I can use immediately.” Head chef - 5 star hotel

Communication 101

Communication sits at the heart of leadership. By understanding how the brain processes messages and differing communication styles you can adapt your style & be heard.

Date: Wed 11th February 2026

Time: 3:00 - 4:30 pm

Tough Conversations

A kitchen is only as good as the worst behaviour you are willing to accept. Nipping poor performance in the bud is an essential leadership trait. Gain the expertise & confidence to how to have tough conversations at all levels.

Date: Wed 22nd April 2026

Time: 3:00 - 4:30 pm

Emotional Intelligence

Working in kitchens can be a high pressure, stressful environment. We'll give you the tools to understand & manage your own & other's emotions, and stress effectively.

Date: Wed 10th June 2026

Time: 3:00 - 4:30 pm

Right on Time

How to manage your time effectively, by balancing your cooking, paperwork, people management and delegation. Lots of tips, methods & motivation to stay on track.

Date: Wed 12th August 2026

Time: 3:00 - 4:30 pm

Managing Generations

With up to five generations working in the kitchen, this course assists in comprehending their motivations, enabling effective leadership on an individual basis while fostering unity within the team.

Date: Wed 7th October 2026

Time: 3:00 - 4:30 pm

Manage & Motivate

Understand how to get the best from your kitchen brigade by understanding what makes them tick, and getting them onside so they are more likely to stay and deliver their best.

Date: Wed 11th November 2026

Time: 3:00 - 4:30 pm

This is a rolling schedule, if you miss one, you can pick it up at the end.

Buy the ChefsBootcamp Bundle for £450 (6 sessions for the price of 5)

To Book contact mj@mjinspire.com or scan the QR code

Don't forget you can also attend our general skillsbootcamp